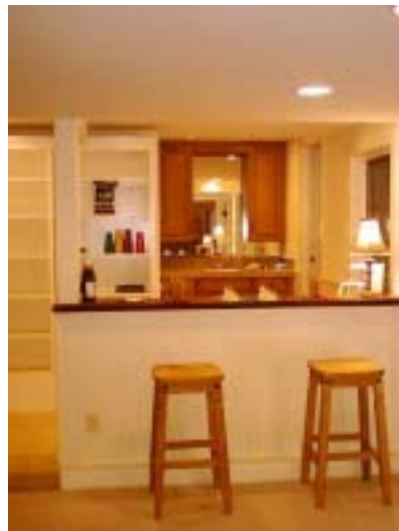
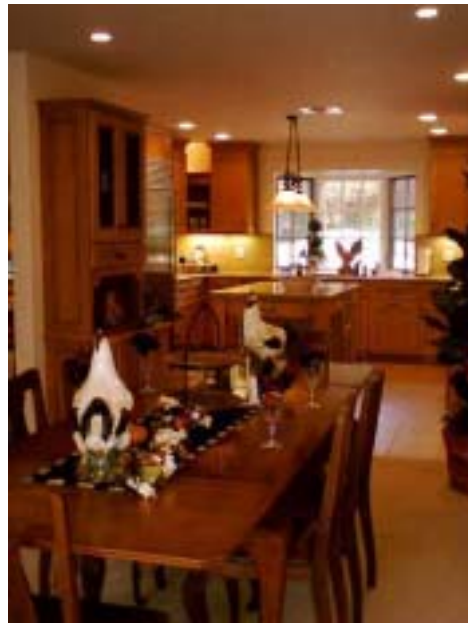


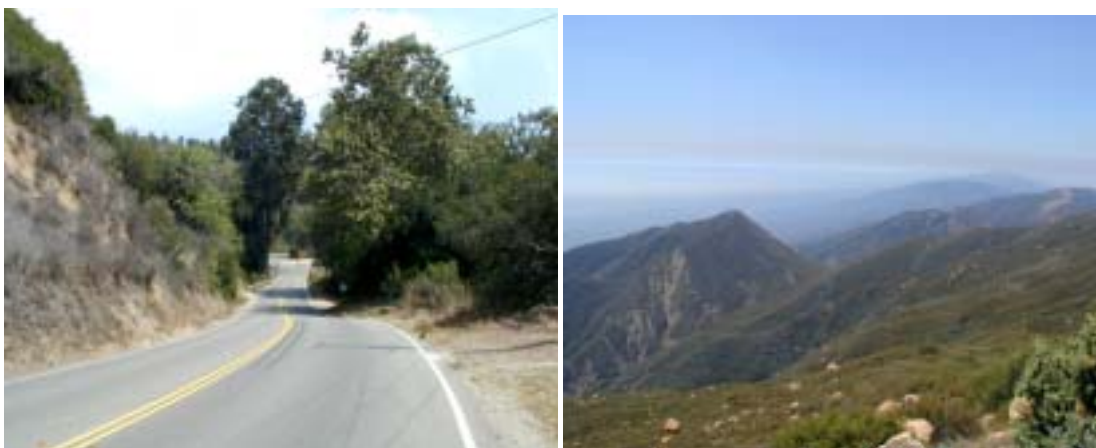
# Santa Barbara Training Camps February 2006

*Presented by Teton Consulting LLC*

**Accommodations:** The Nantucket Farmhouse in Montecito, CA. This beautiful home is set in an oak studded, grassy meadow on 1.17 acres. This charming upscale farmhouse offers a gourmet kitchen having marbled counter tops, open airy living room with fireplace, large dining room, stunning grounds in an elegant country setting. A separate private guest suite downstairs includes a bunkroom and one bathroom with French doors opening to a beautiful brick lined patio.



**Roads:** The road riding in Santa Barbara is superb. Our headquarters in Montecito ensures good rides from the driveway and minimizes city-riding time. The road surfaces vary from excellent to very poor with very poor roads having almost NO traffic.



**Content:** Due to a high ratio of participants to coach (4 or 5:1) each camp will have content and rides personalized to individual participants.

**Food:** Individuals will be in charge of preparing Breakfast and Lunch from the food provided. Most dinners will be prepared by “Chef Beth” and based on calorie expenditure for the day. Each camp will include at least one night on the town in Santa Barbara. There will also be HEALTHY snacks available. Please bring the energy food and drink of your choice for training rides.

**Transportation:** A mini-van will be provided for participants use while at camp. All trips to and from the airport in Santa Barbara will be arranged. Airfare can be arranged for a nominal fee. **Note:** United offers direct service to SBA. (UA 6757 is ideal in both directions)

## Dates and Fees:

All Camps are limited to 5 riders to ensure a safe and productive experience (4 riders minimum).

**Camp #1-** 7 Days, 6 Nights: \$1000

**Arrive:** Saturday February 4<sup>th</sup>

**Depart:** Friday Feb. 10<sup>th</sup> PM

**Camp #2-** 6 Days, 5 Nights: \$875

**Arrive:** Saturday February 11<sup>th</sup>

**Depart:** Thursday February 16<sup>th</sup> AM

\*\*\*Can be followed up with competing in Valley of the Sun, 7 hrs away\*\*\*

**Camp #3-** 7 Days, 6 Nights: \$1000

\*\*\*Can follow competing in Valley of the Sun, 7 hrs away\*\*\*

**Arrive:** Monday February 20<sup>th</sup>

**Depart:** Sunday February 26<sup>th</sup> PM

## Reservations:

50% Deposit required to reserve a space,  
Remainder due January 19<sup>th</sup>, 2006.

Please contact Jon for more information.

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